

# PAD 12

The Twelfth Pan Arab Conference on Diabetes

Under the Auspices of  
His Excellency



**Mr. Amr Moussa**

Secretary General of the League of Arab States





# PACD 12



The term "cardiometabolic risk" (CMR) describes a cluster of some risk factors that, when viewed together, are very strong predictors of the overall risk of developing heart disease and type 2 **diabetes**. These risk factors include obesity, high LDL cholesterol, high triglycerides, low HDL cholesterol, high blood pressure, smoking, and physical inactivity. Each of these risk factors poses a real danger to good health, and the more one has, the greater the risk of heart disease and type 2 **diabetes**.

Using this model as a basis for overall health management, the Cardiometabolic Risks Initiative should serve as a national effort focused on encouraging health care providers and the general public to focus on the prevention, recognition and treatment of all risk factors, helping patients achieve better health outcomes. Cardiometabolic Risks Initiative will be the main theme of our well known event - Pan Arab Conference on **Diabetes** PACD in its 12th year where the objective is to gather together all those interested in this area of medical knowledge - Diabetologists, endocrinologists, cardiologists, internists, basic scientists, geneticists, epidemiologists, nurses, nutritionists and others - so that they can share new insights and thus contribute to improving the care of patients, which is our primary mission. To this end, since 1997 we have held a large Meeting every year to provide an extensive update of all recent advances at basic and clinical levels. The next Meeting, PACD 12 **Diabetes** 2008, will be held in the beautiful city of Cairo, the oldest city in the region where the Nile is about to bifurcate before it ends. We warmly invite you to come and participate in this Meeting, and share with us the joy of an exciting and challenging scientific programme, as well as the beauty of the enchanting city of Cairo - a mix of the old and the new. We look forward to meeting you in Cairo in March 2008.

Sherif Hafez  
President of the conference

Mahmoud Ashraf Ibrahim  
Secretary General of the conference

# PACD Conferences

	Year	Dates	Attendance
PACD1	1997	25-28 March	1300
PACD2	1998	24-27 M arch	1640
PACD3	1999	16-19 March	1860
PACD4	2000	7 -10 March	2124
PACD5	2001	27 -30 March	2436
PACD6	2002	26-29 March	2716
PACD7	2003	25 -28 March	1855 (Iraq War)
PACD8	2004	23 -26 March	2782
PACD9	2005	22 -25 March	2816
PACD10	2006	28 -31 March	3088
PACD11	2007	27 -30 March	3200
<b>PACD12</b>	<b>2008</b>	<b>25 -28 March</b>	
PACD13	2009	24 -27 March	

## **PACD 12 Conference Faculty:**

Under the Auspices of His Excellency:

**Amr Moussa**

Secretary General of the League of Arab States

Honorary Chairman:

**Zakaria Al-Baz**

Conference Chairman:

**Sherif Hafez**

Chairman of Scientific Committee:

**Mohamed Fahmy Abdel-Aziz**

Secretary General:

**Mahmoud Ashraf Ibrahim**

Ass. Secretary General:

**Hayam Refaat Tantawi**



A strict no-smoking policy will be enforced at  
**PACD 12** within all areas used by the conference.

# Social Events

## • Opening Ceremony:

The official opening ceremony will take place at Concorde Al Salam hotel, (venue of the conference) on Wednesday, March 26<sup>th</sup> 2008 from 9:00 - 9:30 a.m.

*Free admission for registered participants and accompanying persons*

## •• Nile Cruise:

Wednesday March 26<sup>th</sup> 2008 at 8.00 p.m.

*(Non Egyptian delegates only)*



## ••• Gala Dinner:

The *Gala Dinner* will be on Thursday March, 27<sup>th</sup> 2008 at 21:00 P.M.

Concorde Al Salam hotel.

*(Special Invitation)*



# General Information:

## Venue

Concorde Al Salam Hotel, Cairo, Egypt

## Language

The official language is English there will be no simultaneous translation

## Visa Requirement

The visa for Egypt can be easily obtained at all Egyptian consulates and/or embassies all over the world, or can be obtained on the spot upon arrival at Cairo airport as long as your passport is valid for a minimum of three months upon your arrival date.

## Currency

The Local currency is the Egyptian Pound (L.E.). The current rate of exchange for the US Dollar is approximately 5.50 L.E.

## Climate

The weather in Egypt at this time of the year is pleasant with splendid spring. The average temperature in Cairo ranges between a low of 18°C and a high of 28°C. Sunshine is expected most of the days.

## Exhibition

Several pharmaceutical, medical and laboratory instruments companies will exhibit their new products concerning existing or prospective technology for diagnosis and management.

# Inquiries

***Please contact the conference secretariat for more information  
at the following address:***

## **Secretariat of the Twelfth Pan Arab Conference on Diabetes**

19 Nasouh st., Zeitoun, Cairo 11321 Egypt

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Fax: +( 202 ) 22564365 + ( 202 ) 22723693

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**Official organizer:**

**1 Awal Mayo Buildings, El-Nasr Road,  
Nasr City, Cairo, Egypt.**

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**Fax: + (202)2 6718421**

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**E-Mail: egypure@yahoo.com**



Organized by :  
**Egyptian Diabetes Center EDC**

Tuesday 25<sup>th</sup> March 2008

08.00 - 10.00

Registration (*Workshop Only*)

Concorde Al-Salam Hotel , Cairo , Egypt

10.00 - 11.30 Ball Room (Donia) Cardiometabolic Risks

11.30 - 11.45

***Coffee Break***

11.45 - 13.00

Hall A

Workshop I

Obesity

Hall B

Workshop II

Diabetes & kidney

Hall C

Workshop III

Online Diabetes

Hall D

Workshop IV

Bone Metabolism

13.00 - 13.15

***Coffee Break***

13.15 - 14.45

Hall A

Workshop I

Obesity

Hall B

Workshop II

Diabetes & kidney

Hall C

Workshop III

Online Diabetes

Hall D

Workshop IV

Bone Metabolism

14.45 - 15.30

***Lunch***

15.30 - 17.00

Meet the President of the American Diabetes Association

17.00

***Tea Break***

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## Special workshop Cardiometabolic Risks

### Chairpersons :

*Mohamed Fahmy* ( Egy. )

*Hussein Al-Oraby* ( Egy. )

### Speakers:

- |               |   |
|---------------|---|
| 10.00 - 10.30 | The Science behind Insulin Resistance<br><i>Ugo Rovigatt</i> ( Italy )  |
| 10.30 - 10.50 | Cardiometabolic Risks or Metabolic Syndrome<br><i>John Buse</i> ( USA ) |
| 10.50 - 11.15 | Autonomic Cardiac Neuropathy<br><i>Aaron Vinik</i> ( USA )              |
| 11.15 - 11.30 | Discussion  |

## Workshop I

### Obesity

In Collaboration With the Egyptian Medical Association for the Study of Obesity EMASO

*Workshop Moderator : Gamila Nasr (Egy.)*

#### Chairpersons :

*Sherif Hafez* (Egy.)

*Fathi Makladi* (Egy.)

#### Speakers:

11.45 - 12.10 Origins of obesity  
*Charles Burant* ( USA )

12.10 - 12.30 Diabetes Prevention, Impact of Body weight  
*Suhail Kishawi* ( Palestine )

12.30 – 12.55 Obesity in the East Mediterranean Region,  
Impacts of Mediterranean Diet.  
*Sherif Hafez* (Egy.)

12.55 – 13.00 Discussion

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## Workshop II

### Diabetes & kidney

*Workshop Moderator : Mohamed Hassanein ( UK )*

#### Chairpersons :

*Zakaria Al-Baz ( Egy. )*

*Ibtisam Zakaria ( Egy. )*

#### Speakers:

11.45 - 12.15      Screening Methods for Diabetic Nephropathy  
*Mick Kumwenda ( UK )*

12.15 - 12.45      The Role of e-GFR  
*Mohamed Hassanein ( UK )*

12.45 - 13.00      Discussion

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## Workshop IV

### Online diabetes

*Workshop Moderator : Amr Ashraf (Egy.)*

#### Chairpersons :

*Mahmoud Ibrahim* (Egy.)  
*Ahmed Farag* (Egy.)

#### Speakers:

11.45 - 12.15	E-Health Code of Ethics <i>Jane Nicholson</i>	(WHO)
12.15 - 12.45	Diabetes Electronic Medical Recording <i>Mahmoud Ibrahim</i>	(Egy.)
12.45 - 13.00	Discussion	

## Workshop IV

### Diabetes & Bone Metabolism

*Workshop Moderator : Mohamed Shawky (Egy.)*

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#### Chairpersons :

*Tarek Aly Hassan* (Egy.)

*Mohamed Fahmy* (Egy.)

#### Speakers:

- |               |  |
|---------------|--|
| 11.45 - 12.15 | Post Menopausal Osteoporosis:<br>New philosophy for Management of Osteoporosis<br><i>Sherif Soukara</i> (Egy.) |
| 12.15 - 12.45 | Diabetes & Osteoporosis<br><i>Mohamed Fahmy</i> (Egy.)   |
| 12.45 - 13.00 | Discussion   |

## Workshop I

### Obesity

In Collaboration With the Egyptian Medical Association for the Study of Obesity EMASO

*Workshop Moderator : Gamila Nasr (Egy.)*

#### Chairpersons :

*Azza Gohar* (Egy.)

*Hesham El-Brolosy* (Egy.)

#### Speakers :

13.15 - 13.35 New Insights in Management of the Metabolic Syndrome

*Fathy Maklady* (Egy.)

13.35 – 13.55 Obesity and Type 1 Complications

*Fadila Gad Alla* (Egy.)

13.55 - 14.15 Indices for Management of Obesity

*Nebal Abdel-Rahman* (Egy.)

14.15 - 14.30 Difficult-to-Control Hypertension in the Obese

*Gamila Nasr* (Egy.)

14.30 - 14.45 Obesity and Detox Diet

*Safaa Tawfik* (Egy.)

## Workshop II

### Diabetes & kidney

*Workshop Moderator : Mohamed Hassanein*

#### Chairpersons :

*Aida Wasfi* (Egy.)

*Alia Mosalam* (Egy.)

#### Speakers :

13.15 - 14.00 Management of Early Diabetic Nephropathy :  
Treatment Targets (Guidelines), Metformin;  
When to Stop , ACE-I/AII Antagonists: to Stop or to Start?  
When to Refer to a Nephrologist?

*Mohamed Hassanein* (UK)

14.00 - 14.45 Management of late Diabetic Nephropathy  
What's New?

*Mick Kumwenda* (UK)

## Workshop IV

### Online diabetes

*Workshop Moderator : Amr Ashraf (Egy.)*

#### Chairpersons :

*Jane Nicholson*

(WHO)

*Mahmoud Ibrahim*

(Egy.)

#### Speakers :

13.15 - 13.40 Simple Software for Diabetic Dieting

*Amr Ashraf*

(Egy.)

13.40 - 14.10 Assignment and Group Work

*Participants*

14.10 – 14.40 Egyptian E-Health Programs

*Ahmed Farag*

(Egy.)

14.40 - 14.45 Discussion

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## Workshop IV

Diabetes & Bone Metabolism.

*Workshop Moderator : Mohamed Shawky (Egy.)*

### Chairpersons :

*Tarek Aly Hassan* (Egy.)

*Sherif Soukara* (Egy.)

### Speakers:

13.15 - 13.45 Geriatric and Osteoporosis  
*Mohamed Shawky* (Egy.)

13.45 - 14.30 Osteoporosis in People with Diabetes  
*Ahmed Moursy* (Egy.)

14.30 - 14.45 Discussion

## Meet the president of the American Diabetes Association

*Moderator : Mahmoud Ashraf Ibrahim (Egy.)*

### Speaker:

*John Buse*

*( USA )*

### Topics :

- What after ACCORD?
- Diabetes, Is It a Curable Disease?
- Lipids, Do We Measure the Right Things?
- TZDs, Are All the Same?
- Oral Therapy during Pregnancy
- Insulin Analogues during Pregnancy
- Fibrates, Old Drug with New Look
- Prevention of Diabetes, a Reality or a Fiction?
- Diabetes, Is It Two Types or Just One Type?
- Place of Incretins
- Metabolic Syndrome OR Cardio Metabolic Risks?


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Wednesday 26<sup>th</sup> March 2008

07.00 - 09.00 Registration  
09.00 - 09.30 Ball Room Opening Ceremony  
09.30 - 10.00 State of the Art Lecture I  
10.00 - 11.30 Satellite Symposium  **sanofi aventis**

11.30 - 11.45 ***Coffee Break***

11.45 - 13.00 State of the art Symposium New Options  
in Type 2 Diabetes

13.15 - 14.45 State of the Art Lectures II , III , IV

14.45 - 15.30 ***Lunch***

15.30 - 17.00 Hall A Oral Session I  
Hall B Oral Session II  
Hall C Oral Session III

20.00 ***Nile Cruise*** ( Non Egyptian Delegates only )

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*Opening Ceremony*

Conference Secretary General

*Mahmoud Ashraf Ibrahim*

Chairman of Scientific Committee

*Mohamed Fahmy Abdel-Aziz*

Representative of the League of Arab States

*Hussein Hamouda*

Conference Honorary Chairman

*Zakaria Al-Baz*

Conference Chairman

*Sherif Hafez*

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## State of the Art Lecture I

### Chairpersons :

*Zakaria Al-Baz* (Egy.)

*Mona Salem* (Egy.)

### Speaker :

American Diabetes Association  
Clinical Practice Recommendations 2008

*John Buse* ( USA ) ADA President

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Satellite Symposium **Sanofi-Aventis**



Complementary approaches in Insulin Therapy

**Chairpersons :**

*Sherif Hafez*

( Egy. )

*Isis Ghali*

( Egy. )

**Speakers :**

10.00 - 10.05

Introduction

*Isis Ghali*

( Egy. )

10.05 - 10.25

Basics of insulin therapy

*Salah Shelbaya*

( Egy. )

10.25 - 10.45

Basal Bolus Insulin in Type 1 Diabetes

*Mona Salem*

( Egy. )

10.45 - 11.15

Basal Bolus Insulin in Type 2 Diabetes

*John Buse*

( USA )

11.10 - 11.25

Discussion

11.25 - 11.30

Closing Remarks

*Sherif Hafez*

( Egy. )



State of the art Symposium

New Treatment options in Type 2 Diabetes

**Chairpersons :**

*Sherif Hafez* (Egy.)

*Hussein Al-Oraby* (Egy. )

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**Speakers :**

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11.45 - 12.05 The Place of GLP-1 Based Therapies in Type 2 Diabetes  
*Mohamed Khatab* (Egy. )

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12.05 - 12.25 DPP-IV Inhibitors  
*Samir Helmy Assaad* (Egy. )

12.25 - 12.50 Pramlintide  
*Mohamed Fahmy* (Egy. )

12.50 - 13.00 Discussion

State of the Art Lecture II

Chairpersons :

*Mohamed Khatab*

( Egy. )

*Mick Kumwenda*

( UK )

Speaker :

*Aaron Vinik*

Diabetic Neuropathy

( USA )

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State of the Art Lecture III

**Chairpersons :**

*Khaled Tayeb* ( KSA )

*Fadila Gadallah* ( Egy. )

**Speaker :**

*Peter Gaede* ( Denmark )

Tight Glycemic Control , Lessons from Steno 2 Study

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State of the Art Lecture IV

**Chairpersons :**

*Gamila Nasr*

(Egy. )

*Mohamed Hassanein*

(UK)

**Speaker :**

*Charles Burant*

(USA)

Prevention of Cardiovascular Disease

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## Oral Session I

### Chairpersons :

- Amira El-Bieh* (Egy.)  
*Yaser Ashour* (Egy.)  
*Sayed Seoudi* (Egy.)

### Speakers :

- 15.30 - 15.45 op1. Frequency of the Metabolic Syndrome in Type 2 Diabetic in TertiaryCare Hospital.  
*Syed Khalid Imam* (Pakistan)
- 15.45 - 16.00 op2. Independency in Self Care Activities of Diabetic Children: Effect on their Glycemic Control.  
*Safaa Salah Ismaiel* (Egy.)
- 16.00 - 16.15 op3. Screening of Medicinal Plants of Mauritius for Possible Anti-diabetic Properties: In-vitro Studies of Biochemical Pathways Involved  
*Anwar Hussein Subratty* (Mauritius)
- 16.15 - 16.30 op4. Conservative Surgery of Diabetic Foot under Local Anesthesia  
*Hamoudeh Faqieh* (Palestine )
- 16.30 - 16.45 op5. The Importance of Preventive Offloading in Patients with Diabetes Mellitus  
*Diamanto Maliotou* (Cyprus)
- 16.45 - 17.00 Discussion

## Oral Session II

### Chairpersons :

<i>Wafaa Ouda</i>	(Egy.)
<i>Salwa Samir</i>	(Egy.)
<i>Sabah Abdel-Mopdy</i>	(Egy.)

### Speakers :

15.30 - 15.45	op6. Diabetes Mellitus and Efficacy of Blood Pressure Control	
	<i>Gabor Simonyi</i>	(India)
15.45 - 16.00	op7. Oriented Program of Diabetes Education Trough Physical Education: Activities Improves the Results and Management with Type 1 Diabetics Adults	
	<i>jane dullius</i>	(Brazil)
16.00 - 16.15	op8. Efficacy of Self-Care Practices on Glycaemic Control and Sexual Dysfunction in Women with Diabetes Mellitus	
	<i>Magda Abd El-Sattar Ahmed</i>	(Egy.)
16.15 - 16.30	op9. Evaluation of vibratory detection threshold in newly diagnosed type 2 diabetes mellitus patients	
	<i>Ciprian Constantin</i>	(Romania)
16.30 - 16.45	op10. Effect of self Learning Package on Quality of Life of Diabetic Adolescent	
	<i>Wafaa Ouda &amp; Magda Abdel-Aziz</i>	(Egy.)
16.45 - 17.00	Discussion	

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## Oral Session III

### Chairpersons :

- Haresa El-Shemy* (Egy.)  
*Mohamed Nabil Brakat* (Oman)  
*Magda Abdel-Aziz* (Egy.)

### Speakers :

- 15.30 - 15.45 op11. Prevalence of Dysglycaemia and Other Cardiovascular Risk Factors among rural population of Oman  
*Mohamed Nabil Brakat* (Oman)
- 15.45 - 16.00 op12. Diabetic And Not Diabetic, With Diagnosis Of Acute Coronary Syndrome, The Vulnerability Of The Carotid Atherosclerotic Plaque.  
*Giordano Zampi* (Italy)
- 16.00 - 16.15 op13. Higher Dietary Fat Impairs Anti-Diabetic Effects of Onion (*Allium Cepa L.*) In Rats  
*Shahidul Islam* (South Korea)
- 16.15 - 16.30 op14. Pitfalls in Management of Childhood Diabetes  
*Sohair Abdel- Rahman* (KSA)
- 16.30 - 16.45 op15. Therapeutic Effect of *Nigella Sativa* Oil on Various Clinical and Biochemical Parameters in Insulin Resistance Syndrome  
*Ahmad Najmi* (India)
- 16.45 - 17.00 Discussion

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## Poster Session I

- pp1. Assessment Of Polyunsaturated Fatty Acids (Arachidonic Acid And Docosa-Hexaenoic Acid ) In Cord Blood Of Infants Of Diabetic Mothers  
*Soha M. Abd El Dayem* ( Egy.)
- pp2. Concepts of Diabetic Patients Foot Examination and Care As Perceived By Medical and Surgical Nurses  
*Salwa Abdalla Mohamed & Aziza younis* ( Egy.)
- pp3. Exercise Practice and the Risk of Diabetes Related Complication  
*Hanan Shehata* ( Egy.)
- pp4. Erythrocytes Glucose Uptake Linked with Insulin Resistance Indexes  
*ZM Shamansurova* ( Uzbekistan)
- pp5. Metabolic Syndrome (Insulin Resistance): Look For It in Adolescents  
*Eman Amin Mohamed* ( Egy.)
- pp6. Dietary red chilli (*capsicum frutescens* l.) Is insulinotropic rather than hypoglycemic in type 2 diabetes model of rats  
*Md. Shahidul Islam* ( South Korea )
- pp7. Metabolic syndrome and Iranian children  
*Ali Mokhtari* ( Iran )
- pp8. The Efficacy of Rheum Ribes I Stalk Extract on Lipid and Glucose Profile in Hypercholesterolemic Type II Diabetic Patients.  
*Fallah Huseini Hassan* (Iran)
- pp9. Delegation of Care for Students with Diabetes at School  
*Saffa Salah* ( Egy. )
- pp10. Study of Some Routine Laboratory Tests as Markers for Insulin Insufficiency in Type 2 Diabetes  
*Inas M Sabry* ( Egy.)
- pp11. Radiological Pattern of Pulmonary Tuberculosis in Diabetes Mellitus  
*Masroor Qazi* ( Pakistan )
- pp12. The Blood Lipids Level At The Prediabetes, Diabetes Mellitus  
*Shamansurova ZM* ( Uzbekistan )
- pp13. Role of Nurse Educator in Foot Care of Diabetic Patient  
*Afaf Mansour* ( Egy.)

### Poster Hints

Poster should be displayed daily from 8.00-8.30 am  
Poster could be viewed during the whole day  
Discussion : during coffee breaks & lunch time

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Thursday 27<sup>th</sup> March 2008

- 08.00 - 09.00 **Registration** , *Take Your Tea*  
09.00 - 09.30 Ball room *Breakfast Case Study*  
09.30 - 10.00 Ball room *State of the Art Lecture V*  
10.00 - 11.00 Ball room *Debate Session: Insulin  
in Type 2 Diabetes*  
11.00 - 11.30 Ball room *State of the Art Lecture VI*

11.30 - 11.45 **Coffee Break**

11.45 - 13.00 Ball Room Satellite Symposium



13.00 - 13.15 **Coffee Break**

- 13.15 - 14.45 Hall A Diabetic Neuropathy  
Hall B Special Symposium : Dyslipidaemia  
Hall C Key Topics in Diabetes

14.45 - 15.30 **Lunch** (*Diabetic Neuropathy Business Meeting*)

- 15.30 - 17.00 Hall A Oral Session IV  
Hall B Oral Session V  
Hall C Oral Session VI

21.00 Gala Dinner

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## Breakfast Case Study

### Chairpersons :

*Mick Kumwenda*

( UK )

*Bassam Abdel-Massih*

( Syria )

### Speaker :

Diabetes, Obesity, Hypertension &  
Dyslipidaemia

*Omar Al-Saadani*

( Egy. )

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## State of the Art Lecture V

### Chairpersons :

*Abdel-Moniem Ibrahim* (Egy.)

*Sanaa Abdel-Shafi* (Egy. )

### Speaker :

*Ugo Rovigatti* (Italy )

Cardiometabolic Risk & Cancer

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## **Insulin Debate Session** **Insulin should be used early in Type 2 Diabetes?**

*Moderator : Sam Dagogo-Jack ( USA )*

Yes :

*Peter Gaede*

( Denmark )

*Mahmoud Ibrahim*

( Egy. )

Not necessary :

*Charles Burant*

( USA )

*Megahed Abu Al-Magd*

( Egy. )

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## State of the Art Lecture VI

### Chairpersons :

*Megahed Abu-Almagd* (Egy. )

*Peter Gaede* (Denmark )

### Speaker :

*Oliver Schnell* (Germany )

Prandial Glycemia and Cardiovascular Risk

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**Satellite Symposium**   
**Diabetes & Cardiovascular prevention**  
**The ADVANCE Study**

**Chairpersons :**

*Sherif Hafez* (Egy. )

*Mohamed Fahmy* (Egy. )

*Megahed Abo El-Magd* (Egy. )

**Speakers :**

11.45 - 12.15 Advance: New Advances in the Management of Type 2 Diabetes.  
*Ashraf Reda* (Egy. )

12.15 - 12.45 The Advance Rationale: The Choice of Gliclazide MR  
*Yehia Ghanem* (Egy. )

12.45 - 13.00 Open Discussion

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## Diabetic Neuropathy

### Chairpersons :

*Stuart Baird* ( UK )

*Mahmoud Ibrahim* ( Egy. )

### Speakers :

13.15 - 13.35 Diabetic Neuropathy, Magnitude of the Problem

*Fadila Gad Allah* ( Egy. )

13.35 - 13.55 Diabetic Foot

*Christine Skinner* ( UK )

13.55 - 14.30 Assessment and Management of Painful Diabetic Neuropathy and Diabetic Foot in Egypt

*Hanan Al-Setouhi* ( Egy. )

14.30 - 14.45 Discussion

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## Special Symposium : Dyslipidaemia

### Chairpersons :

*Osama Abdel-Aziz* ( Egy. )

*Suhail Kishawi* ( Palestine )

### Expert :

- 13.15 - 13.40 Emerging Concepts in Cardiometabolic Risk Management, the Impact of Dyslipidaemia  
*Oliver Schnell* ( Germany )
- 13.40 - 14.05 Do We Measure the Right Things ?  
*Gamila Nasr* ( Egy. )
- 14.05 - 14.35 Choice of Cholestrol lowering Agent  
*Abdel-Moniem Ibrahim* ( Egy. )
- 14.35 - 14.45 Discussion

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## Key Topics in Diabetes

### Chairpersons :

*Khaled Tayeb* ( KSA )

*Mick Kumwenda* ( UK )

### Speakers :

13.15 - 13.35      **Leptin**  
*Sam Dagogo-Jack* ( USA )

13.35 - 13.55      **Renal Transplant in Diabetics**  
*Megahed Abu Almagd* ( Egy. )

13.55 - 14.15      **Stem Cell Therapy in Diabetes .**  
*Omnya Nayel* ( Egy. )

14.15 - 14.35      **Stem Cell and Cardiometabolic risk**  
*Sanaa Abdel-Shafi* ( Egy. )

14.35 - 14.45      **Discussion**

## Oral Session IV

### Chairpersons :

*Zienab Lotfy* (Egy. )

*Abdel-Khalek Hamed* (Egy. )

*Mona Shenoda* (Egy. )

### Speakers :

15.30 - 15.45 <sup>op16.</sup> Study stress as risk factor of hyperglycemic in children attended emergency department

*Sabah El-Sharkawi & Iman I Abdel-Moniem* (Egy. )

*Salma El-Sayd & Faten Shafik* (Egy. )

15.45 - 16.00 <sup>op17.</sup> Syndrome Z - The New Metabolic Syndrome

*Nancy M. Abdelaty* (Egy. )

16.00 - 16.15 <sup>op18.</sup> Prevalence of Metabolic Syndrome (MS) Phenotype in Constantinian Adolescents

*Karima Benmohammed* (Algeria )

16.15 - 16.30 <sup>op19.</sup> Dietary Habits of Diabetic Children and its Relation with their Glysemic Condition

*Asmaa Nasr* (Egy. )

16.30 - 16.45 <sup>op20.</sup> Managing Diabetic ketoacidosis

*Sadik Bizanti* (Libya )

16.45 - 17.00 Discussion

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## Oral Session V

### Chairpersons :

<i>Wafaa Ouda</i>	(Egy.)
<i>Jane Dullius</i>	( Brazil )
<i>Kamilia Foad</i>	(Egy.)

### Speakers :

15.30 - 15.45	op21. Permanent Neonatal Diabetes Experince from Southern Region of Saudi Arabia	<i>Mohammad Ahmad Awwad</i>	(KSA)
15.45 - 16.00	op22. Omega-3-Acid Ethyl Esters Reduces Small Dense Low Density Lipoproteins Regardless of the Baseline Lipid Profile.	<i>Shereen Attia</i>	( Egy. )
16.00 - 16.15	op23. Oriented Program of Physical Activities to Diabetic People: A Way to Improve Glycemic Control	<i>Jane Dullius</i>	( Brazil )
16.15 - 16.30	op24. Prevalence of Metabolic Syndrome among patients with Type 2 diabetes in Aden Governorate	<i>Abdulla M. Ahmed Almatary</i>	( Yemen )
16.30 - 16.45	op25. Frequency Of Hepatitis C Infection in Diabetes Mellitus	<i>Masroor A Qazi</i>	( Pakistan )
16.45 - 17.00	Discussion		

## Oral Session VI

### Chairpersons :

- Giordano Zampi* (Italy)
- Tarek Mamoun* (Egy. )
- Sohair Abdel- Rahman* (KSA)

### Speakers :

- 15.30 - 15.45 op26. Daily time requirement for care of diabetic children  
*Nehal Alam* (Egy. )
- 15.45 - 16.00 op27. Care of diabetic children: the effect of continuity of care on their glycemc control  
*Madiha Amin Moursy* (Egy. )
- 16.00 - 16.15 op28. Problems of Children with Diabetes and their Caregivers Burdens  
*Safaa Deraz & Mona Hassan & Ghada Morad* (Egy. )
- 16.15 - 16.30 op29. Intensive insulin therapy during type II diabetic neuropathy  
*Menad Hassaim* (Algeria)
- 16.30 - 16.45 op30. Correlation among BMI, Fasting Plasma Glucose and HbA1c Levels in Subjects with Glycemic Anomalies Visiting Diabetic Clinics of Lahore  
*Tasnim Farasat* (Pakistan)
- 16.45 - 17.00 Discussion

## Poster Session II

- pp14. Diabetic Children as Decision Makers: Effect of Nursing Intervention  
*Safaa Salah Ismaiel* (Egy.)
- pp15. Therapeutic Foot Wear as A Preventative of Neuropathic Diabetic Foot Ulcer  
*Jaklen Faheem* (Egy.)
- pp16. Diabetes Mellitus and the risk of Cancer  
*Abeer William Aziz* (Egy.)
- pp17. Effect of Life Style Modification on people at Risk of Diabetes  
*Ola Abdel-Aty* (Egy.)
- pp18. Improve of Glico-Hemoglobin Results in Participants of a Diabetes Education Program through Oriented Physical Activities  
*Jane Dullius* (Brazil)
- pp19. Insulin Infusion Pump: Effect on Diabetic Patient Quality Of Life  
*Nahed Ahmed Mersal* (Egy.)
- pp20. The Effect of Diethylnitrosamine on the Levels of Sialic Acid  
*Ebrahim Talebi* (Iran)
- pp21. Diabetes Foot Ulcer: A novel Treatment Strategy & An immunologic concern  
*Khodabardi Kalavi* (Iran)
- pp22. Homocysteine Levels and MTHFR Genetic Polymorphisms in Taiwanese Patients with Type 2 Diabetes Mellitus  
*Ming-Yuh Shiau* (Taiwan)
- D** pp23. Doce Desafio Program: The Impact on Life Quality According the Diabetics in Attendance  
*Jane Dullius* (Brazil)
- A** pp24. Sweet walk at Brasilia's City Park: Blood Glucose Monitoring in a Walk Guided by a Diabetes Education Program through Physical Exercises  
*Jane Dullius* (Brazil)
- Y** pp25. The prevalence of Anxiety and Intensity in Patient with Type 1 Diabetes and Relation with HbA1c  
*Ali Mokhtari* (Iran)
- 3** pp26. Manifestation of the Endothelial Dysfunction at the Type 1 and Type 2 Diabetes Mellitus  
*ZM Shamansurova* (Uzbekistan)
- pp27. Effectiveness of TZD therapy at the Obesity and DM Patients  
*ZM Shamansurova* (Uzbekistan)
- pp28. Supporting children with diabetes to succeed at school  
*Salma El-Sayed & Iman I. Abdel-Moniem* (Egy.)
- pp29. Diabetic eye  
*Tarek Mamoun* (Egy.)

### Poster Hints

Poster should be displayed daily from 8.00-8.30 am

Poster could be viewed during the whole day

Discussion : during coffee breaks & lunch time

08.00 - 09.00	<b>Registration, <i>Take Your Tea</i></b>
09.00 - 10.00	<b>Ball Room, <i>Breakfast Case Study</i></b>
10.00 - 12.00	<b>Ball WorkshopVI, <i>Diabetes &amp; Kidney</i></b>
12.00 - 13.00	<b><i>Prayer</i></b>
13.15 - 14.45	Conference Highlights
15.30 - 17.00	Patient Education

## Breakfast Case Study

### Chairpersons :

Omar Al-Saadani (Egy.)

*Wafaa Ouda* (Egy.)

### Speaker :

Diabetic Patient in the Dialysis Room

Mick Kumwenda (UK)

## Diabetes & Kidney

In Collaboration with the Egyptian Society of Nephrology ESN

### Chairpersons :

*Hany Refaat* (Egy.)

*Mohamed Zaater* (Egy.)

*Tarek El Baz* (Egy.)

### Speakers :

10.00 - 10.30 How does Proteinuria Cause Renal Damage?  
*Esam Amin* (Egy.)

10.30 - 11.00 The Cardio-Renal Syndrome.  
*Hasan Galal* (Egy.)

11.00 - 11.30 Novel Therapeutics for Diabetic Nephropathy.  
*Esam Noureldin* (Egy.)

11.30 - 11.50 Post-Renal Transplant Diabetic Nephropathy.  
*Mohamed Nasrallah* (Egy.)

11.50 - 12.00 Discussion

## *Conference Highlights*

*Mick Kumwenda* ( UK )

14.45

*Lunch*

## Diabetes Education

*Session Moderators :* *Waffa Ouda* (Egy.)  
*Hayam Refaat* (Egy.)

A Special Session for people with Diabetes,

Meet top Diabetologists worldwide,

Ask all about Diabetes

Measure your: Blood Glucose, Blood Pressure, Lipid profile & A1c

Take home message plus educational materials and more

Consensus Group Meeting 28 -30 March 2008  
Diabetes Education in the Arab Countries .

***Consensus members :***

Monira Al-Arouj	( Kuwait )
Samir Helmy Assaad	( Egypt )
Rahdia Bougerra	(Tunisia)
Martha Funnel	( USA )
Samir Helmy Assaad	( Egy. )
Sherif Hafez	( Egypt )
Mahmoud Ashraf Ibrahim	( Egypt )
Anwar Bateiha	( WHO )
Suhail Kishawi	( Palestine )
Abdulrazzaq Al-Madani	( UAE )
Megahed Abu Al-Magd	( Egypt )
Bassam Abdul-Massih	( Syria )
Abdalla Ben-Nakhi	( Kuwait )
Khaled Tayeb	(KSA)

Please send your comments , suggestions and experience  
from your practice to be considered in this manuscript,

Contact Mahmoud Ashraf Ibrahim: [mahmoud@arab-diabetes.com](mailto:mahmoud@arab-diabetes.com)

Or any of the members list whichever convenient for you.

*See you in*

**PACD 13**

**24 – 27 March 2009**

[www.arab-diabetes.com](http://www.arab-diabetes.com)